



Triennial assessment results 2026

Meet our team

- Todd Voss, Classroom Teacher/School Principal
- Amy Voss, Classroom Teacher/PE teacher
- Rachelle Jarchow, Food Service Manager
- Theresa Schultz, School Nurse, Parent
- Kari Betten, Community Member, Parent
- Pam Werner, Community Member, Former Teacher

Policy compliance results

1. List areas of strength in the wellness policy:
 - Strong policy regarding nutrition and school meals
 - High levels of student physical activity
 - Strong fruit & vegetable consumption from student body through hot lunch program
 - Staff encourages and models healthy lifestyle
 - Students and staff “rave” about DLS hot lunch meals
2. List opportunities for improvement in the wellness policy:
 - Language surrounding continuing education for physical education staff
 - Continue to expand age-appropriate nutrition education

Wellness policy goals

Nutrition education/promotion:

- 1-The school will educate, encourage, and support healthy eating by all students (grades K-8)
 - Our Food Service Manager promotes healthy eating through the “bunny plate” using two fruit or vegetable servings as ears—and rewards younger students with a special dance and sticker when they finish their healthy meal. Junior High students volunteer during lunch to encourage younger students to eat fruits and vegetables. These daily, hands on practices help educate and encourage healthy eating habits across all grade levels.

Wellness policy goals (continued)

Physical activity:

- 2-Children should have several opportunities for physical activity lasting 15-20 minutes or more during the daytime hours. Exceptions may be made appropriate, such as on early dismissal or late arrival days.
- Students have multiple daily opportunities for physical activity of 15-20 minutes or more. A before-school walking club gets students moving to start the school day. After morning arrival, students unpack, complete classroom morning tasks, and head to the gym for DLS Walking Club. Students walk laps in the gym as they fellowship with other students and teachers while listening to Christian music. Students also have morning, lunch and afternoon recess sessions each day in addition to regularly scheduled physical education classes. Together, these consistent opportunities ensure students stay active during school hours, with reasonable adjustments made on early dismissal or late arrival days.

Other goals for student well-being:

- 3-DLS will promote and encourage student wellness through participation in school-based and community programs.
 - We promote student wellness through extracurricular activities, offering and encouraging student participation with the district and broader communities. Parents are made known via handouts sent home, through our weekly newsletter, and social media.

Key achievements

1. Ongoing strong policy and consistent adherence to the wellness policy.
2. Sustained commitment from teachers and staff to support student wellness initiatives.
3. Strong engagement and support from the community as a whole.

Next Steps

Expand partnerships with local organizations to offer additional nutritional based activities.

